



The Elms
 Retirement Residence, Inc

22 Elm St. • Westerly, RI 02891 • (401) 596-4630 • www.ElmsAssistedLiving.com

Sept/Oct 2009

THE ELMS' TEAM

Owner

Guy Maiorano

Certified Administrator

Robert E. P. Elmer III

Community Liaison

Karen DePasquale

Office Manager

Leslie Taylor

Activities Program Director

Joan Brucker

Nurse Manager

Ava Gosper, R.N.

Food Services Director

Laura Stringer

Dining Room Supervisor

Betty Walker

Maintenance Supervisor

Richard Patterson

Transportation

John Gourlay

Carriage House

Nurse Manager

Carolyn Collin, R.N.



Good Luck, Joan, in your new career!

FROM ME TO YOU,

First: Chestnut Cottage Update ... I now officially own 25 Chestnut Street and am in full construction mode. The lead and asbestos remediation is almost done, and then both buildings will be knocked down and taken away.

Next will be site work, with drainage and foundation to follow. As always, I expect the process to be fun to watch for all of us. Once complete, Chestnut Cottage, our sister facility to our existing Carriage House at The Elms, will house an additional 30

residents with Alzheimer's and other dementias.

Second: I'd like to welcome our new residents:

Helen Wright

Jim Crowley

Joyce Robertson

Millie Hanley

Renee Turner

and Betty Eckel

Finally: With summer coming to a close, I hope you enjoyed the season as much as our residents did. We are all looking forward to our wide range of autumn activities.

Until next time, stay well!—Guy



Connecticut River Boat, Haddam, CT

SEPTEMBER BIRTHDAYS

- Elizabeth Neff 9/04
- Micheline Southard 9/05
- Mary Capozzoli 9/09
- Milton Unterberger 9/14



Don't forget to express your love to your grandparents on this special day, Sept. 13th

OCTOBER BIRTHDAYS

- Joan Geary 10/04
- Mary Frey 10/05
- Elizabeth Billmeier 10/06
- Romalda DelBene 10/08
- Florence Valentini 10/10
- Rita Olean 10/24
- Gordon Ainsworth 10/27



GOOD EATS!

APPLE & WINTER SQUASH SOUP

1 Clove Garlic
 1 Yellow Onion,
 Diced
 3 Ribs of Celery,
 Diced
 1-2 Carrots, Diced
 4 Cups Butternut
 Squash, Diced (Fresh
 or Frozen)
 2 Tart Apples,
 Peeled and Diced
 4 Cups Chicken
 Stock or Vegetable
 Stock
 1 Cup Apple Juice
 or Apple Cider
 Nutmeg,
 Cinnamon, Salt and
 Pepper and Brown
 Sugar to Taste
 Saute onion,
 celery, carrot and
 garlic clove; cover
 until they begin to
 sweat and become
 soft to the touch. Add
 squash, stock, diced
 apples and juice.
 Simmer 45 minutes
 until soft. Remove
 from heat and puree
 soup in blender or
 food processor. Stir in
 brown sugar and
 seasonings to taste.
 Serves 6.

From the Guy in the Bow Tie

Even though summer seems like it just began, the cold and snowfall of a New England winter are just around the corner. Fall is the busiest season for us, and it is easy to understand why ... simply put, **our residents do not want to spend another winter alone.** The residents of The Elms enjoy an enviable quality of life because living in our caring, supportive environment makes all the difference in the world for them and for their families. There are no worries about meals, medication, loneliness and isolation, getting to medical appointments and housekeeping or laundry concerns. What better way to spend the long, cold winter than in a festive and active community that, with the help of our Activities Director, Joan Brucker, is transformed into a holiday wonderland. Live entertainment, beautiful decorations and tours around town to view the twinkling lights all

make the holiday experience at The Elms magical. One of the highlights of the season is when the young school children from neighboring St. Pius school come to sing Christmas carols and, afterwards, Santa himself makes a surprise appearance. It is a precious holiday moment to be sure. Whether it's the New Year's Eve celebration, Super Bowl Party, Valentine's Day bash or Family Cookout, there is always something enjoyable or interesting going on that reminds our residents and their families that coming to The Elms was a great decision.

If you don't want to spend another winter alone and you think The Elms is the right place for you, please call (401) 596-4630 to arrange a visit. I'd be happy to show you around.—Bob



Southland Riverboat Cruise, Galilee, RI

WEDDINGS TO REMEMBER!

On Oct. 7, we are planning a **Wedding Reception** at The Elms for our residents to share their wedding photos and special memories. Wedding cake and champagne toast will be served. Please bring your photos to display.



Artist at work ... Renee Turner!



THANK YOU TO DICK AND BONNIE!

Our residents enjoyed a beautiful day with Dick Patterson and his lovely wife, Bonnie. They hosted a garden party in their own backyard for all to enjoy.



SEPT. 13 - 19

15th Annual National Assisted Living Week

"TRADITIONS of the Heart"

This week was founded by the National Center for Assisted Living (NCAL) and is celebrated with the American Association of Homes and Services for the Aging as a collaborative partner for the sixth year in a row. The 2009 theme is "Traditions of the Heart." The year's theme "pays tribute to the personal connections that caregivers, relatives, and volunteers have with nearly one million people residing in more than 38,000 assisted living and residential care communities nationwide."



Annual Outing to the The Big Apple Circus in Charlestown, RI

UPCOMING ROAD TRIPS AND EVENTS!

- AFTERNOON TEA AT "THE TEA HOUSE"
- ROAD TRIP TO PROVIDENCE PLACE MALL
- HOLMBERG ORCHARDS
- OUT TO LUNCH AT GEORGES IN GALILEE
- CONNECTICUT RIVER FALL FOLIAGE TRIP
- MANFREDI FARM PUMPKIN PICKING
- CHRISTMAS TREE SHOP AND HOMETOWN BUFFET LUNCH
- WRIGHTS CHICKEN FARM TOUR
- SERAPO FOR LUNCH
- FLU CLINIC
- SILPADA JEWELRY PARTY TO BENEFIT THE AMERICAN HEART ASSOCIATION
- HALLOWEEN PARTY



Aunt Carrie's Restaurant, Point Judith, RI





WOULDN'T YOU LIKE TO JOIN US FOR HAPPY HOUR?



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Current Resident
12345 Sample Address
City, ST 00000