



# The Elms

Retirement Residence, Inc

22 Elm St. • Westerly, RI 02891 • (401) 596-4630 • [www.ElmsAssistedLiving.com](http://www.ElmsAssistedLiving.com)

Nov./Dec. 2009

## THE ELMS' TEAM

### Owner

Guy Maiorano

### Certified Administrator

Robert E. P. Elmer III

### Community Liaison

Karen DePasquale

### Office Manager

Leslie Taylor

### Activities Program Director

Joan Brucker

### Nurse Manager

Ava Gosper, R.N.

### Food Services Director

Laura Stringer

### Dining Room Supervisor

Betty Walker

### Maintenance Supervisor

Richard Patterson

### Transportation

John Gourlay

### Carriage House

### Nurse Manager

Carolyn Collin, R.N.



## A WEDDING TO REMEMBER!

On Oct. 7, at the request of our resident Mary Lieto, we hosted a wedding celebration where our residents enjoyed sharing their photos and memories of their special day. A wedding cake created by our residents was just too pretty to cut, so they had to enjoy red velvet cake from our local bakery.



## Announcing a New Monthly Activity at the Elms

Beginning Thursday, Nov. 5, The Elms will be hosting an **Intergenerational Art Class** with the Pre-K students from St. Pius School. This special event will be held on the first Thursday of every month in our newly renovated Great Room.



WELCOME TO NEW RESIDENTS  
PRISCILLA BOYER



AND JOYCE AND  
BARCLAY ROBERTSON!



## GUESS WHO?

- Born and raised in Yonkers, NY, in 1921
- Mother of three sons; one named Ambrose after his father
- Favorite food is a hot fudge sundae
- Mother was born in Ireland; dad in Yonkers
- Attended Sacred Heart Elementary School and Commerce High School
- Summered on the shore in Milford, CT, with my family and collie dog
- First job was as a secretary to three lawyers at \$10 a week
- Second job was as a telephone operator
- Third job was as a companion to the elderly
- Played tennis most of her life.

**Who am I?**



### Your Holiday Plans ...

Please notify Joan in the office as to what your plans will be for the holidays. Each resident of The Elms may have two guests join them in The Elms' dining room for our special holiday meal services. Thanksgiving reservations must be made with Joan by Tuesday, Nov. 17. Christmas Dinner reservations must be made with Joan by Wednesday, Dec. 16. Holiday meal times for Thanksgiving, Thursday, Nov. 26, and Christmas day, Friday, Dec. 25, will be ...  
Breakfast: 6:45-8:45 a.m.

Lunch: Noon (one service only)  
Dinner: 5:30 p.m. (one service only)  
Back by popular demand, our Elms baked pies will be available for purchase by our residents for Thanksgiving. Order forms will be handed out in early November and pies will be delivered to your suite the day before Thanksgiving. Pie selections will be pumpkin, apple and pecan.



### UPCOMING RESIDENT BIRTHDAYS

Marion Walker	11/02
Anita Roever	11/03
Lillian Latz	11/17
Martha Millis	11/20
Sylvia Shawn	11/25
Joyce Robertson	11/27
Elizabeth Ghaffari	12/05
John Gregoropoulos	12/16
Harold House	12/17
Edwin Bill	12/18
Mary Algieri	12/20
Barbara Crawford	12/28

## Give Thanks

### PUMPKIN APPLE BUTTER

A seasonal favorite:

- 1¾ cups canned pumpkin
- 1 cup apple juice
- 1 cup grated apple
- ½ cup packed brown sugar
- ¾ teaspoon pumpkin pie spice

Simply combine all ingredients and bring to a boil, then simmer for 1½ hours. Chill and serve.

Nutritional value of pumpkins:

Pumpkins are a member of the fruit family and are chock full of carotenoids which are known to help fight heart disease and cancer. They are also abundant in vitamins C, E, riboflavin, iron, potassium and are a great source of fiber.

# Season's Greetings

## Be Sure Not to Miss These Activities in Store ...

- Holiday baking classes with Katie
- A day to honor our veterans
- Evening road trip around town to view holiday lights
- Georgette Lebrecht & Company performs
- Several Christmas shopping trips
- Santa's annual visit to The Elms with residents and their families
- Santa visits the St. Pius pre-K class
- Holiday Newport Mansion outing
- Sue Sposato's annual Christmas program
- Our 2009 Employee of the Year Announcement
- Watch your weekly activities calendar for much more!



LOOK FOR SANTA'S ANNUAL VISIT TO THE ELMS IN EARLY DECEMBER

## From the Guy With the Bow Tie ...

I really do love this time of year. I ask you, if you love the four seasons, is there any better place to be than New England?

With November comes Thanksgiving and as usual our residents will be able to enjoy the holiday with their families in their homes or they may choose to host them here at The Elms as Chef Laura and her culinary team have a spectacular menu planned.

We all know who and what December brings and Joan and her staff do a wonderful job of turning The Elms into a festive winter wonderland. Don't forget that very special *daytime* visit from Jolly Ol' St. Nick himself. I'm told that coming to The Elms a little early is one of his favorite things to do. Carolyn and her team at The Carriage House get caught up in the spirit of the season as well which includes a very special Family Holiday Party.

December is also a very special time for Guy and I as we announce our Employees of the Year for The Elms and The Carriage House. Make sure you check the activities schedule so you don't miss out on all that we're doing for our residents and their families. And speaking of missing out, if you or a loved one or friend are going to be missing out on the holiday festivities, maybe it's time for them to talk with us about enjoying life at The Elms. I think you'd agree that being at The Elms is a much better option than being home alone during the holidays or at any other time. From all of us here at The Elms and The Carriage House, have a safe and wonderful holiday season.



## TEA TIME

Our residents recently enjoyed an old English tradition of afternoon tea with finger sandwiches, scones, quiche and clotted cream at Cafe Dolce in Pawcatuck, CT.



## COMING SOON ... CHESTNUT COTTAGE AT THE ELMS!



DEMOLITION PHASE

From Me to You,

The Game Is On! My 8th expansion is underway here at The Elms. Chestnut Cottage, our new 30-resident, state-of-the-art residence designed to help people who suffer from Alzheimer's disease and other forms of dementia, is in the first stage of development. The site has been prepared and the foundation is almost complete. I am also happy to announce that most of the subcontractors on this project are local Westerly businesses. Sam Cherenzia is doing the sitework, Ron Zanella the plumbing, Rob at Brookside Electric will power us up and Lou Pucci will once again supply our flooring—just to mention a few. We will keep you posted regarding our progress. An April or May opening is our goal ... *May The Force Be With Us!*

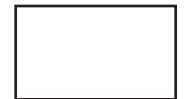
Until next time, stay well and have a wonderful holiday season!

Your Friend,  
Guy



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Westerly, RI 02891



Current Resident  
12345 Sample Address  
City, ST 00000