



The Elms

Retirement Residence, Inc

22 Elm St. • Westerly, RI 02891 • (401) 596-4630 • www.ElmsAssistedLiving.com

March/April 2009

THE ELMS' TEAM

Owner

Guy Maiorano

Certified Administrator

Robert E. P. Elmer III

Family Coordinator

Ada Elmer

Community Liaison

Karen DePasquale

Office Manager

Leslie Taylor

Activities Program Director

Joan Brucker

Nurse Manager

Ava Gosper, R.N.

Food Services Director

Laura Stringer

Dining Room Supervisor

Betty Walker

Maintenance Supervisor

Richard Patterson

Carriage House

Nurse Manager

Carolyn Collin, R.N.

FROM THE GUY WITH THE BOW TIE

Believe it or not, early spring is not one of my favorite times of the year. The thawing snow leaves soft, muddy yards and the leaves haven't come out yet, so things still look barren. If I had my way, spring would officially begin around the middle of May when all of the flowers are in bloom, the leaves have popped on the bushes and trees and everything smells so new, because it is.

Here at The Elms, things are changing with the seasons, too. Joan and Katie will plan more activities that have our residents getting out more. The walking club gets back into full swing and plans for more events on our front porch are developed. Laura and our kitchen team will be changing our menus to reflect more seasonal dishes and special events, so our residents will have plenty to look forward to in the

months ahead.

This past winter was a real challenge for many who are still home and I know they are glad that it's behind us. Very cold days, more snow than we've seen in a while and overall weather conditions really kept many confined to their homes, unable to get out as they would have liked. If you know of someone who isn't anxious to go through another winter like this last one, please encourage them to call us. We'd love to have them discover what our residents already know ... ***Life at The Elms is pretty easy and satisfying all year-round!***



LAST ISSUE'S MYSTERY RESIDENT
JILL BONNER

ARE ASSISTED-LIVING COSTS TAX DEDUCTIBLE?

The answer is YES and your accountant can tell you more. If you would like a 2008 Year-End Summary of what was paid to The Elms or The Carriage House for yourself or your loved one, please contact Leslie at (401) 596-4630.



Broadway star and Westerly native
Nicholas King performs at The Elms!



Balloon Fun!



Enjoy Spring

St. Joseph's Day Celebration

Some say the tradition of St. Joseph's Day began in the Middle Ages in the town of Sicily. During a severe drought, the people prayed to St. Joseph, their patron saint, to intervene. They promised that if he answered their prayers and brought rain, they would prepare a big feast in his honor. Shortly after, their prayers were answered and the rains came. As promised, the people of Sicily prepared a banquet they served to the poor people of Sicily. Generosity and kindness filled the air as the people offered thanks to St. Joseph by sharing their good fortune.

The special St. Joseph's Day cake they made is called **Zeppole**. It is made from Italian dough that can be either fried or baked with a custard or ricotta cheese filling. Try the recipe below and share with your friends and family this Saint Joseph's Day, March 19.

Saint Joseph's Day Zeppole Recipe

1 cup water, 1/2 cup butter, 1 Tbsp. sugar, 1/2 tsp. salt, 1 cup flour, 4 eggs, 1 tsp. lemon peel, 1 tsp. orange peel
 Mix together water, butter, sugar and salt. Bring to a boil in a pot. Sift in the flour until thoroughly mixed. Mix in eggs, lemon and orange peel. Grease a cookie sheet and drop dough on in dollops. Bake at 450°F for 20 minutes until golden. Cool. Use a pastry bag to inject vanilla pudding or ricotta cheese filling into the centers.



SAVE THE DATE!

Be sure to mark your calendars for our next **Family Reception at The Elms** on Friday, May 29. The 30 musicians of the *Providence Civic Orchestra* will be here entertaining residents and families at 2:30 p.m. There will be plenty of spirits and delicious fare, along with music and merriment. Don't miss what is sure to be a memorable family event. Invitations will arrive in early May.

Welcome New Residents



Elizabeth Billmeier, Ann Partridge, Barbara Schmocker, Walter Hollis, Lillian Latz and Evangeline Glass



Roger Williams Park Zoomobile's
Australian Wallaby

Can You Guess Who I Am?

- I was born in Richmond Hill, New York, in 1919.
- I graduated from New York University in 1941 with a degree in electrical engineering.
- I worked for Bell System in New York for 40 years as an installation manager of Central Office Equipment.
- My first car was a convertible Plymouth Roadster that cost \$100 brand new.
- I served in the U.S. Army in the signal corps during WWII—stationed in Iraq, Brazil and India. While stationed in Iraq, we were visited by Winston Churchill and President Roosevelt.
- I love the NY Yankees.
- My mother was an executive assistant at Vaughn's Seed Company and my father worked for a laundry service in NY as an outside sales manager.
- I love martinis and a good steak.
- I enjoyed wedded bliss for 57 years.

Happy Birthday



Bunny, Lone, Marylin and Otti

- Pauline "Bunny" Bertoni - 3/1
- George Kent - 3/4
- Marilyn Duhaime - 3/8
- Ottilia Bianchi - 3/11
- Priscilla Wolfe - 3/11
- Florence Federico - 3/26
- Lone Albrecht - 3/26
- Sylvester "Sames" Celico - 3/31
- Audrey Greenwood - 4/13
- George Lucas - 4/28



George K., George L. and Audrey

BOOK YOUR NEXT MEETING

The Elms offers complimentary use of its Great Room for your organization's meeting or group training session. The Great Room can accommodate up to 25 attendees and refreshments are provided. Contact Karen at karen.elmsal@verizon.net.



The Gift of Life

The Elms has teamed up with the **Rhode Island Blood Center** to help save lives one pint at a time. It takes only an hour to make a difference and possibly save a life.

Where: The Elms' Great Room

Dates: June 3 & Aug. 19

Time: 2-5 P.M.

To donate, you must be at least 17 years old and weigh 110 pounds or more and be in overall good health. Most medications do not prohibit someone from being eligible to donate blood.

Seven out of 10 people will need blood at some time during their life. The RI Blood Center must collect 240-280 pints of blood daily to serve patients in need.

Although almost 40% of the population is eligible to give blood, only 5% of the U.S. population does.

Please consider donating blood. Refreshments served.

MARCH and APRIL Activities and Events



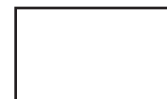
Judi Ann Jones, Professional Hula Hooper

Gil Bricault's Saxophone Show
Clayton Allen Performs
Dr. Lawrence, Podiatrist
John Scotti, Pianist
Skye Hurlburt, Harpist
Steamboats of the Pawcatuck River Slide Show
Banjo Buddies
Reminiscing with Alison
Bea Smith Trunk Show
Nicholas King, Broadway Showman
Trolleys of Westerly Slide Show
The Music of Sue Sposato
Nick Lind, Pianist
Saint Patrick's Day Bash
Saint Joseph's Day Celebration
Bob Sundman - Musician
Vinnie Ames Entertains
Judy Hall, Guitarist
Judi Ann Jones - Hula Hooper
Zoomobile from Roger Williams Park Zoo
Ron Sargent - Balloon Artist Extraordinaire
VNS Nurse - Blood Pressure Clinic



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Current Resident
12345 Sample Address
City, ST 00000