



# The Elms

Retirement Residence, Inc

22 Elm St. • Westerly, RI 02891 • (401) 596-4630 • www.ElmsAssistedLiving.com

## July/Aug 2009

### THE ELMS' TEAM

#### Owner

Guy Maiorano

#### Certified Administrator

Robert E. P. Elmer III

#### Community Liaison

Karen DePasquale

#### Office Manager

Leslie Taylor

#### Activities Program Director

Joan Brucker

#### Nurse Manager

Ava Gosper, R.N.

#### Food Services Director

Laura Stringer

#### Dining Room Supervisor

Betty Walker

#### Maintenance Supervisor

Richard Patterson

#### Transportation

John Gourlay

#### Carriage House

#### Nurse Manager

Carolyn Collin, R.N.

### From the Guy With the Bow Tie ...

You may be aware that we recently completed a local showing of "The Alzheimer's Project," a four-part documentary series produced by HBO. I would like to express my thanks to HBO, as well as all of those important local organizations, for their contributions to making this such a successful event: Christine Misto of Westerly Hospital's Public Relations office, Dr. Roland Losos, Rose Levine and Lisa Ryan of "Elderval" Geriatric Assessment and Care Management Company, Karen Hawthorn and Kelly Lee of Westerly Adult Day Services, Liz Morancy, Executive Director of The Rhode Island Chapter of the Alzheimer's Association and Carolyn Collin, RN Nurse Manager of The Carriage House. All of these industry professionals graciously

gave of their time as panel members providing the audience with invaluable insight and information following each of the four documentary showings. A sincere thank you to one and all. One of the many things we pride ourselves in at The Elms and The Carriage House and our soon to be "Chestnut Cottage" is our role as a valued resource in the community. We all know that more time is missed from the workplace today due to elder care issues than childcare issues and that is why we are so willing to be available to help those looking to navigate through the elder care process. Even if their loved ones never becomes a resident of ours, we are committed to being part of the solution. If you or someone you know is looking for answers or direction, please have them contact us. If we don't know the answer, we will find someone who does. -- Bob



### BLOOD DRIVE at the ELMS

Since our first blood drive was such a success, we decided to do it again. Be sure not to miss this one. **Wednesday, Aug. 5**, in the Great Room from **2-6 p.m.** Refreshments served!



KENNEY AZALEA GARDENS



## WELCOME



JOHN GREGOROPOULOS



MARY LIETO



GEORGE EKONON

### DID YOU KNOW?

Watermelon, considered one of America's favorite fruits, is really a vegetable. It is a cousin to the cucumber. In 1939, the unpollinated flowers of watermelons were treated with a specific acid resulting in seedless watermelons.

## VETERANS ASSISTANCE PROGRAM

The Veterans Administration has established a Veterans Assistance Program for those in need of Assisted Living care. These benefits are available to qualified veterans and their surviving spouses. The following criteria are required for qualification:

- The applicant must have served at least 90 days in the military with at least one of these days during wartime.
- The applicant, if a surviving spouse, cannot have remarried.
- The applicant cannot have more than \$80,000 in assets.

Monthly benefits upon approval are as follows:

- Veteran - up to \$ 1,645
- Surviving Spouse - up to \$ 1,100
- Veteran and Spouse - up to \$ 1,950

The applicant may also qualify for VA drug, vision and hearing assistance.

The actual amount the veteran and/or spouse receives will be determined by a number of factors, such as the number of dependents in the home, current income, whether they are housebound or are eligible for "Aid and Attendance."

Your application has to be made through the Veterans Administration, (401) 223-3654 or (800) 827-1000. If you would like more information, **The Elms is hosting "Coffee and Conversation" with a representative from the Veterans Association on Tuesday, Aug. 25, at 2:30 p.m., in our Great Room.** All are welcome!



## HAPPY BIRTHDAY!

- ANN BROWN - 7/13
- BEA EDMOND - 7/15
- JOYCE LYONS - 7/19
- JENNIE BILL - 7/22
- LOLLY FONTAINE - 7/25
- EVE GLASS - 7/28
- DAVID MCBRIDE - 7/30
- ANN PARTRIDGE - 8/13
- MARY EGAN - 8/17
- JANET LOVELAND - 8/18
- JILL BONNER - 8/20



KENTUCKY DERBY DAY AT THE ELMS

## LUNCH AT GRISWOLD INNE



JOHN AND GEORGE



LILLIAN AND ELIZABETH



### ELMS FAMILY COOKOUT



EVE, AUDREY, AND MIMI AT NARRAGANSETT PIER

### UPCOMING EVENTS

HERE ARE JUST A FEW EVENTS FOR OUR RESIDENTS TO ENJOY THIS SUMMER!

- LUNCH AT AUNT CARRIE'S RESTAURANT
- JOHN SCOTTI
- BIG APPLE CIRCUS
- CONNECTICUT RIVER TOUR
- BANJO BUDDIES
- SUNFLOWERS AND ICE CREAM AT BUTTONWOOD FARMS
- LUNCH AT SKIPPERS DOCK
- SUE SPOSATO
- SOUTHLAND RIVERBOAT TRIP
- SAKONNET VINEYARD
- SKYE HURLBURT
- BLUEBERRY PICKING AT MANFREDI FARMS
- RI BAY CRUISE - LIGHTHOUSE TOUR
- NICK LIND
- NORMAN ROCKWELL EXHIBIT IN NEWPORT
- JAY BRUNELLE
- CLAYTON ALLEN
- REMINISCING WITH ALLISON
- AEROBICS & TAI CHI CLASSES



### Chef's Corner

#### The Elms' Happy Hour Dip



JUDY AND ERNESTINE

This is a favorite of our Friday afternoon happy hour crew. It's fast and easy to prepare and oh, it is really delicious too!

#### Ingredients:

- 8 oz. cream cheese
- 1/3 cup chopped celery
- 1/3 cup chopped carrots
- 1/3 cup chopped onions
- 1 teaspoon horseradish

1 tablespoon grated Parmesan cheese

Blend all ingredients in a food processor. Enjoy chilled with crackers and veggies.



SIRKKA AND PHIL



I CAN'T TELL YOU HOW PROUD I WAS TO SEE ALL OUR RESIDENTS, THEIR FAMILIES, KIDS AND PETS ENJOYING OUR SUMMER PICNIC, COMPLETE WITH AN OLD-FASHIONED ICE CREAM TRUCK AND LIVE ENTERTAINMENT FROM GIL BRICAULT. LIFE DOESN'T GET MUCH BETTER. ENJOY THE REST OF YOUR SUMMER!  
GUY



*The Elms*  
Retirement Residence, Inc

22 Elm St.  
Westerly, RI 02891



Current Resident  
12345 Sample Address  
City, ST 00000